

# Pegasus/GT

## Thursday Thoughts 9-7-2023:

### Success to Significance:

*The Significance of a new year and new beginnings...*

*Education is the key to unlocking a world of possibilities and opportunities.*

*Turn the key!*

*Turn that key with kindness, love, gratitude, and inspiration to all!*

~RS

#### LINKS and INFORMATION:

- Looking forward to wonderful 2023-2024 school year!
- From WATG: 2023 Wisconsin Association for Talented and Gifted Conference in WI Dells
  - [Parent Conference](#) (focus: Executive Functioning Skills) and [Teen Conference](#) (focus: Destination Imagination Challenge Workshop) on Sunday, October 8 from 9:00am-12:30pm
  - [WATG Conference](#) Monday and Tuesday, October 9-10. Mr. Schwab and Mrs. Barrington will be presenting on High School Passion Project Independent Studies at the conference.
- From We Are Teachers:
  - Free [monthly habit trackers](#) for keeping track of reading, screen time, and other healthy habits
  - A [secret code worksheet bundle](#) with festive messages for kids to reveal all year long
  - The best [new books for September 2023](#)
  - [Hispanic Heritage quotes for every day](#)
  - Ways to tie literacy into your math instruction:
    - Irresistible [math poems](#)
    - Our favorite [picture books about math](#)
  - Teacher recommended best [math](#), [reading](#), and [writing websites](#). These are the sites that We Are Teachers readers have told us again and again that they love!
  - The best [school jokes for kids](#)
  - For a good laugh...[The Retro Teacher Rules You Have to See to Believe!](#) The teaching profession has come a long way!
- From NAGC and PHYS.org:
  - New research shows that [exciting the brain could be key to boosting math learning](#).
- From Bright and Quirky:
  - [The Secret to Motivating Kids at School and Beyond](#)...William Stixrud, PhD, shares some key insights on what helps our kids to take an interest and invest themselves in their own lives. (5-minute video)
  - Taylor Swift's concerts selling out and break records all over the world....Why....Storytelling, creative expression...magic! [Writing challenges or writing anxiety can stand in the way of the ability to express one's self. Check out these six ideas](#) from Susan Baum, PhD, educator extraordinaire of bright and quirky kids. (12-minute video)
- From Ian Byrd: Here's a [fun and interesting way to explore and expand vocabulary](#) for your students.
- Byrdseed Puzzlements for 9-7-2023

- [A real-life jetpack!](#) I found this one while answering my kid's question about whether jetpacks really exist. *Apparently, they do!*
- Photos from the [Los Angeles Alligator Farm in 1907](#).
- 2023's illusion of the year! [And it's a Harry Potter themed Lego illusion](#). Now you have to pause right away (0:05) and let students predict what's going to happen. After "it" happens, pause again (0:11) and let them theorize on *how* it happened. You could even back up to 0:09 where the car is halfway through. The video goes on to reveal the trick, so be quick! [More at IllusionOfTheYear.com](#).
- [A flyover of Mars](#), specifically the [crater Aram Chaos](#). The [YouTube video](#) has more info in its notes section.
- [How many patterns can your students spot in this quirky animation?](#) The creator describes it as "An animated short film made with just one image exploring the dancing potential of the still sculptures at Nidaros Cathedral in Trondheim, Norway." Cool!

## Mindful Minute:

*Put mindfulness into your day--every day!*

*Capture hearts with your kindness and change minds with your understanding!*

### [Celebrate the new school year with this Beginning of the School Year Meditation](#)

- Get some air and exercise in our parks, on our trails, or in some upcoming Walks/Runs/Races:
  - [Enjoy our many State Parks, Forests, and Trails!](#)
  - [Enjoy our many National Parks, Forests, and Trails!](#)
- **Mental Health America resource links:**
  - [School Resources and Toolkit](#)
  - [Community Mental Health Resource Card](#)
  - [MHA Lakeshore Mindfulness Resources](#)
  - [Youth Mental Health Crisis Card](#)
- **From ByrdseedTV:** [Videos about anxiety, the brain, and calming down.](#)

SLÁN AGUS BEANNAIGHT (Salutations and blessings in Gaelic) pronounced: slawn og-us bann-ockt  
Share Positivity!

:-)

Roy

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"It is the supreme art of the teacher to awaken joy in creative expression and knowledge." ~Albert Einstein