

Pegasus/GT

Thursday Thoughts 6-8-2023:

Success to Significance:

The Significance of the end of a year and new beginnings...

A bit excited....

A bit sad.

A bit nervous....

A bit glad.

Another year older....

Another year wiser, I know.

Look forward to another year....

Make kindness, love, and gratitude to all what you bestow!

~RS

LINKS and INFORMATION:

- Thank you PJSJ Community for an amazing 2022-2023 school year....Looking forward to another wonderful year for 2023-2024!
- Thank you to Nick Shircel and ALL involved for the amazing PHS Lip Dub 2023! [Plymouth Community Television YouTube channel](#) or with the direct link bit.ly/phslipdub23.
- From We Are Teachers...some fun summer educational activities:
 - [25 Fun and Easy Nature Crafts and Activities](#)
 - [43 Collaborative Art Projects That Bring Out Everyone's Creative Side](#)
 - [38 Super Silly Summer Jokes for Kids](#)
 - [35 Fun Directed Drawing Activities for Kids](#)
 - [Summer Reading for Kids](#)
- From Zooniverse:
 - [Join Blobs and Blurs: Extreme Galaxies in Clusters](#)...Help Zooniverse search for extreme types of galaxies in the Fornax Galaxy Cluster!
 - [Help Zooniverse with a new project: Tag Trees](#)...Repairing and restoring nature is vital for halting biodiversity loss and tackling climate change. To increase transparency and reduce the time and costs, Restor has developed an AI model that identifies trees in photos taken by drones. The model is trained by feeding it thousands of images with pre-labeled trees — and we are looking for volunteers to improve and validate our training data by tagging trees in images.
- From Noetic Learning: [Summer Math "Leap Ahead" Online K-8th Grade G.T. Math Practice Sessions](#) (\$25 registration) Register before June 12 to receive a 20% off on individual memberships. Use promotion code: BRAINBOOST20 to claim the discount.
- From TILT: Podcast archive with over 300 episodes on giftedness, anxiety, sensory processing, 2-E, and more [Tilt Parenting differently wired children](#)

- **From Bright and Quirky:**
 - If your bright child resists the very thought of reading, or learning non-preferred subjects, should you push them anyway? According to Melanie Hayes, EdD, Director of Big Minds Unschool, this pattern is not unusual in bright and quirky kids. [Dr. Hayes shares quick tips on how to proceed in this delicate situation](#). The answers may surprise you. (4 min. video)
 - The Bright & Quirky Quick Tips Video Vault...[How to Help Your Sensitive Child Self-Regulate When Upset](#) (8 helpful 3 to 4 minute videos)
- **From the Wisconsin Shipwreck Coast National Marine Sanctuary (WSCNMS), Wisconsin Sea Grant, and Wisconsin Historical Society** are excited to announce our summer 2023 in-person workshop in Sheboygan, Wisconsin. There is a Youth Workshop and an Educator and Student Workshop (See these amazing summer opportunities attached!)
- **From UW-Oshkosh: [The Summer Oshkosh Math Academy \(SOMA\) for middle schoolers is back!](#)** Participants will see aspects of mathematics and our activities will help middle schoolers develop mathematical habits of mind by actually doing mathematics, that is, investigating, experimenting, posing questions, modeling problems, conjecturing, justifying solutions and critiquing the reasoning of others. Dates: Monday August 8 through Thursday August 11, 8:30 am - 4:30 pm for students entering Grades 6-8.
- **Byrdseed Puzzlements for 6-8-2023**
 - Fans of [The Haunted Mansion at Disneyland will be familiar with this hollow mask optical illusion](#). Why does our brain think the face is popping out when it's really pushed in? [Rachel goes on to recreate the illusion with her kids](#).
 - Watch Anthony Howe explain [his beautiful sculptures that come alive in the wind](#).
 - Short and sweet: [how to fold the paper airplane that set a world record](#) of 226ft 10in. And, of course, [you'll probably want to watch its record-breaking flight!](#)
 - Check out these [brand-new images of the sun](#), taken using [the Inouye Solar Telescope](#).
 - In case you didn't get enough of the Marx Brothers from last week, [here's Harpo and Lucille Ball doing the mirror gag](#). I think it's funnier than [the Groucho/Harpo original](#), but feel free to let your students debate!

Mindful Minute:

***Put mindfulness into your day--every day!
ALWAYS...Be inclusive...ALWAYS...Be kind!***

~ FOUNDRY

**["Celebrate Your Journey" End of Year Meditation](#)
[End of School Year Meditation](#)**

- **Get some air and exercise in our parks, on our trails, or in some upcoming Walks/Runs/Races:**
 - [Enjoy our many State Parks, Forests, and Trails!](#)
 - [Enjoy our many National Parks, Forests, and Trails!](#)
- **Mental Health America resource links:**
 - [School Resources and Toolkit](#)
 - [Community Mental Health Resource Card](#)
 - [MHA Lakeshore Mindfulness Resources](#)
 - [Youth Mental Health Crisis Card](#)
- **From ByrdseedTV: [New videos about anxiety, the brain, and calming down.](#)**

SLÁN AGUS BEANNACHT (Salutations and blessings in Gaelic) pronounced: slawn og-us bann-ockt
Share Positivity!

:-)

Roy

Roy Schwab, MEd rschwab@plymouth.k12.wi.us

Plymouth School District Elementary and High School G.T./Pegasus Coordinator

Plymouth School District Health and Wellness Coordinator

Jessica

Jessica Barrington, Med jbarrington@plymouth.k12.wi.us

Plymouth School District Middle School GT/Pegasus Coordinator

Plymouth School District German Teacher

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge." ~Albert Einstein