

# Pegasus/GT

## Thursday Thoughts 6-1-2023:

### Success to Significance:

#### *The Significance of Completion...*

*Significant success can come from completion of a task, a year, a milestone.  
When you assimilate your successes, you grow and gain confidence.  
You realize that much of your satisfaction in life comes from completion and growth.  
Each task or stage in life completion will increase in your capacity to complete more.  
The more things you complete...the more complete your life will be.  
As you move on to the next task, grade, or stage in life...  
you can put your best foot forward to produce amazing results for what comes next.  
Significant completion and growth do not come without effort...  
and seeing things through to completion is not always easy...but so worth it!*

~RS

#### LINKS and INFORMATION:

- Congratulations to a wonderful Class of 2023! We look forward to the amazing things you will do with your futures!
- On Wednesday, June 7, Mr. Schwab and Mrs. Barrington will hold a breakfast transition meeting at RV for the class of 2027 incoming freshmen in the outdoor classroom space (weather permitting).
- From We Are Teachers...some fun end of the year educational activities
  - [40 Ways to Make Time for More Creativity](#)
  - [43 Collaborative Art Projects That Bring Out Everyone's Creative Side](#)
  - [38 Super Silly Summer Jokes for Kids](#)
  - Celebrate a Paper Airplane Day! Here are fun printables and a video to help celebrate—[save and print to show kids how to fold three different kinds of paper airplanes](#).
  - Encourage outside-the-box thinking with math brain teasers [35 Math Brain Teasers](#)
  - It's National Dinosaur Day: [28 Favorite Dinosaur Books for Kids](#), [36 Massively Cheesy Dinosaur Jokes for Kids](#), [14 Dino-mite Best Dinosaur Videos for Kids](#), [25 Incredible Dinosaur Facts for Kids](#), [These 20 Dinosaur Activities and Crafts For Kids Are Totally Dino-mite](#)
  - [Summer Reading for Kids](#)
- From Zooniverse: *Join the Redshift Wrangler Team....With your help on our two tasks in Redshift Wrangler, we will be able to locate distant galaxies on the cosmic timeline and determine important properties like the rate of star formation, chemical composition, and the relationships of galaxies with their central black holes. Your measurements will help us better understand our place in the universe and make discoveries about how galaxies evolve by studying these far away systems! Try out the project and work with real galaxy data with Redshift Wrangler: <https://www.zooniverse.org/projects/jeyhansk/redshift-wrangler>*

- From TILT: Podcast archive with over 300 episodes on giftedness, anxiety, sensory processing, 2-E, and more [Tilt Parenting differently wired children](#)
- From Bright and Quirky: The Bright & Quirky Quick Tips Video Vault...[How to Help Your Sensitive Child Self-Regulate When Upset](#) (8 helpful 3 to 4 minute videos)
- From 2E Guru Seth Perler: [How to help struggling students end the school year on a high note!](#)
- From the Wisconsin Shipwreck Coast National Marine Sanctuary (WSCNMS), Wisconsin Sea Grant, and Wisconsin Historical Society are excited to announce our summer 2023 in-person workshop in Sheboygan, Wisconsin. There is a Youth Workshop and an Educator and Student Workshop (See these amazing summer opportunities attached!)
- From UW-Oshkosh: [The Summer Oshkosh Math Academy \(SOMA\) for middle schoolers is back!](#) Participants will see aspects of mathematics and our activities will help middle schoolers develop mathematical habits of mind by actually doing mathematics, that is, investigating, experimenting, posing questions, modeling problems, conjecturing, justifying solutions and critiquing the reasoning of others. Dates: Monday August 8 through Thursday August 11, 8:30 am - 4:30 pm for students entering Grades 6-8.
- **Byrdseed Puzzlements for 6-1-2023**
  - This [time-lapse video captures clouds filling up the Grand Canyon from the bottom!](#) Start about 1 minute in to get to the inversion.
  - A [pretty mind-bending optical illusion](#). When are the shapes in the foreground, and when are they in the background!? ([via Kottke](#))
  - James Cook creates a [skyline using... a typewriter!](#)? Browse [more of James' art here](#).
  - Joe Penna plays a [real-life version of Guitar Hero using a conveyor belt](#), wooden blocks, drumsticks, and a whole bunch of friends. It took 28 takes to get it right!
  - Did your students [enjoy Mr. Bean's invisible drums](#) from the other week? Take them back to 1941 with the [delightful piano playing of Chico and Harpo Marx!](#)

## Mindful Minute:

*Put mindfulness into your day--every day! (Especially this last week of school!)*

### TAKE A RAINBOW WALK

*While walking outside, take a moment to look around you*

*And see if you can spot every color of the rainbow.*

*~DstressMonday.org*

*ALWAYS...Be inclusive...ALWAYS...Be kind!*

## End of School Year Meditation

- Please join in on Family Ties Tuesdays by wearing a tie or tie on a scarf to promote the importance of family ties, especially during the holiday season!
- Please join us in Think Pink Wednesdays to show support all year long!
- Get some air and exercise in our parks, on our trails, or in some upcoming Walks/Runs/Races:
  - [Enjoy our many State Parks, Forests, and Trails!](#)
  - [Enjoy our many National Parks, Forests, and Trails!](#)
- Mental Health America resource links:
  - [School Resources and Toolkit](#)
  - [Community Mental Health Resource Card](#)

- [MHA Lakeshore Mindfulness Resources](#)
- [Youth Mental Health Crisis Card](#)
- **From ByrdseedTV: [New videos about anxiety, the brain, and calming down.](#)**

SLÁN AGUS BEANNACHT (Salutations and blessings in Gaelic) pronounced: slawn og-us bann-ockt

Share Positivity!

:-)

Roy

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"It is the supreme art of the teacher to awaken joy in creative expression and knowledge." ~Albert Einstein