

# Pegasus/GT

## Thursday Thoughts 5-18-2023:

### Success to Significance:

*The significance of theatre experience and using theatre exercises to develop skills in...*

*Listening,  
Trust,  
Improvisation,  
Imagination,  
Role-play,  
Spatial relationships,  
Communication,  
Cooperation,  
Collaboration, and  
Perseverance...*

*Which are essential skills for*

*Teachers, scientists, business people, working in the trades, and pretty much all professions!*

*~RS*

#### LINKS and INFORMATION:

- From We Are Teachers:
  - [Take a Free Virtual Space Career Tour!](#) An amazing virtual field trip to learn about special new space technology and the engineers behind it all!
  - May 18 is International Museum Day--Here are [20 famous art museum virtual trips](#) and check out these [Virtual "Museum in a Box" Collections](#) (great for adding to social studies or art units)
- From 2E Guru Seth Perler: [How to help struggling students end the school year on a high note!](#)
- From TechLearning: With lots of end of the year assessments coming up...[4 Ways to Reduce Student Test-Taking Anxiety](#)
- Byrdseed Puzzlements for 5-18-2023
  - Rowan Atkinson, aka Mr. Bean, [performs on an invisible drum set](#). A master class in building on a single joke. Also, *how did they do this?* Can you spot any mistakes? Plus, these folks [transcribed the whole thing onto sheet music!](#)
  - We've got [2,000 ping-pong balls, 30 middle school teachers, and no gravity](#). The "regravitation" moment makes me laugh every time.
  - Here's a video of a [lightning storm taken from a satellite](#). *So many things to notice!*
  - In this project, photographer Murray Fredericks [sets up mirrors that reflect the sky in an Australian salt flat lake](#). The images are so cool! The video at the bottom shows his process.
  - Cellist Cremaire Booker plays [March from The Love of Three Oranges on four cellos](#). Compare it with [a full symphony performing the same piece](#). *Which do you prefer?* Related: Samara Ginsberg plays the Related:

Samara Ginsberg plays the [theme from Thomas The Tank Engine](#) on seven cellos plus "percussion." Love the *glissandos* starting at 0:48!

- **From UW-Oshkosh: [The Summer Oshkosh Math Academy \(SOMA\) for middle schoolers is back!](#)** Participants will see aspects of mathematics and our activities will help middle schoolers develop mathematical habits of mind by actually doing mathematics, that is, investigating, experimenting, posing questions, modeling problems, conjecturing, justifying solutions and critiquing the reasoning of others. Dates: Monday August 8 through Thursday August 11, 8:30 am - 4:30 pm for students entering Grades 6-8.
- **Summer Theater Opportunity:** Lakeshore Productions is putting on Bye Bye Birdie this summer. Auditions will be the evenings of May 30<sup>th</sup> & May 31<sup>st</sup> for ages 8 to 80+. In addition to on stage, there are also opportunities in all aspects of musical theatre production. More information at <https://www.lakeshoreproductions.org/>

### **Mindful Minute:**

***“No amount of regret changes the past.  
No amount of anxiety changes the future.  
But any amount of gratitude changes the present.”***

*~ Marc & Angel Chernoff*

### **[End of School Year Meditation](#)**

- Please join in on Family Ties Tuesdays by wearing a tie or tie on a scarf to promote the importance of family ties, especially during the holiday season!
- Please join us in Think Pink Wednesdays to show support all year long!
- Get some air and exercise in our parks, on our trails, or in some upcoming Walks/Runs/Races:
  - [Enjoy our many State Parks, Forests, and Trails!](#)
  - [Enjoy our many National Parks, Forests, and Trails!](#)
- Mental Health America resource links:
  - [School Resources and Toolkit](#)
  - [Community Mental Health Resource Card](#)
  - [MHA Lakeshore Mindfulness Resources](#)
  - [Youth Mental Health Crisis Card](#)
- From ByrdseedTV: [New videos about anxiety, the brain, and calming down.](#)

SLÁN AGUS BEANNACHT (Salutations and blessings in Gaelic) pronounced: slawn og-us bann-ockt  
Share Positivity!

:~)

Roy

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"It is the supreme art of the teacher to awaken joy in creative expression and knowledge." ~Albert Einstein